

Section 5: Vocabulary Bank — 25 Holistic Words

These words can be used across virtually **any** summary topic. The starred words are the most versatile — at least 5 of them could fit in any summary you write.

#	Word	Means	Example from Past Papers
1	★ yields	gives / produces / provides	<i>Plogging yields a myriad of benefits.</i>
2	★ myriad	many / numerous / a large number of	<i>There are a myriad of reasons against volunteering.</i>
3	★ predominantly	mainly / mostly / largely	<i>The activity is predominantly for fitness enthusiasts.</i>
4	★ detrimental	harmful / damaging / negative	<i>The app has detrimental effects on mental health.</i>
5	★ enhances	improves / strengthens / boosts	<i>Time in nature enhances one's wellbeing.</i>
6	prevalent	widespread / common / popular	<i>The prevalent movement is gaining traction globally.</i>
7	succours	helps / supports / assists	<i>It succours in protecting local wildlife.</i>
8	prosperous	beneficial / profitable / rewarding	<i>They avoid more prosperous conservation efforts.</i>
9	solitary	individual / single / alone	<i>Saving solitary animals is less impactful.</i>
10	neglect	ignore / overlook / disregard	<i>Most facilities neglect the root causes.</i>
11	diminishes	reduces / decreases / lessens	<i>Overuse diminishes the sense of achievement.</i>
12	facilitates	enables / makes easier / assists	<i>Hired help facilitates the climb considerably.</i>
13	encompasses	includes / covers / involves	<i>The programme encompasses multiple activities.</i>
14	restricts	limits / prevents / constrains	<i>Parking restrictions further restrict visitor access.</i>
15	venture	activity / pursuit / undertaking	<i>Plogging is a highly beneficial venture.</i>
16	inadequate	insufficient / not enough / lacking	<i>Short volunteering periods are inadequate.</i>
17	prioritise	focus on / favour / value above	<i>Centres prioritise individuals over populations.</i>
18	instinctive	natural / innate / inherent	<i>The movements are instinctive to the human body.</i>
19	inevitable	unavoidable / certain / inescapable	<i>Environmental damage is an inevitable consequence.</i>
20	endeavour	attempt / effort / undertaking	<i>Conservation is a worthwhile endeavour.</i>
21	sustainable	eco-friendly / long-lasting	<i>Eco-pools offer a sustainable alternative.</i>
22	consequently	as a result / therefore	<i>The app is addictive; consequently, enjoyment fades.</i>
23	holistic	comprehensive / overall / complete	<i>A holistic approach to conservation is needed.</i>
24	conclusively	finally / ultimately / in conclusion	<i>Conclusively, the disadvantages outweigh the benefits.</i>
25	furthermore	moreover / additionally / in addition	<i>Furthermore, volunteers receive no training.</i>

Practice: Pick any 5 words from the bank and write a sentence for each:

1. Word: _____